



## BEATING THE HEAT THE AUSSIE WAY!

Abalinx 6 January 2018 Peter  
Adamis

Well the heat has arrived and we are all stuck inside hidden from the sun's rays. Either I am old bastard, stubborn, downright foolish or all of the above but I am honestly questioning our state governments alarmist response to the heat and cold.

First it was the alarmist response to the recent wet weather which was a fizzle and drivel as far as I was concerned and now we have the government response to an alleged inferno of heat. Yes I know that we have had some poor responses in the past where lives have been lost. We have learnt to come to grips with natural calamities and as Australians we move on.

Those living in the West, the North and Far North have weather such as today. I don't hear them complaining. Here in downtown Mexico (Victoria) we are like a mob of sheep running around the paddocks seeking shade under the numerous eucalyptus trees.

### **FAIR CRACK OF WHIP. WE ARE A RESILIENT RACE AND NOT A BUNCH OF PUSSIES.**

What I am getting at is that we must find a balanced response to natural calamities, nature's turbulent history and changing weather patterns. I am writing this because the public is being subjected to a form of Orwellian scenario that conjures up images of Doom and Gloom leaving nothing for the average Aussie to think for himself.

We are not stupid, nor are we so gullible NOT to take preventive action and prepare ourselves. We are not children and therefore expect appropriate responses for a mature audience. That is not say we should not be warned about the dangers.

What is needed is education and preventive practices be implemented using communication devices already available and not alarm the public. In other words let's not make a song and dance about it for political reasons. We are not at war with the elements but rather we need to learn to live with nature.

Any way I have had my bitch session for the day, so I might as well have another "tinnie before the missus gets back from the hairdresser. Yes I know life can be tough at times, but a bloke has got to do what a bloke has to do. Have a beer on me.

Aussies are well known for being entrepreneurial, clever, innovative, brave and courageous in battle; while being compassionate in peace. Well, I am afraid I bomb out all of the above and revert back to being just an Aussie bloke who will have a beer on a hot day and a cup of coffee during the winter months. I began the day shopping and being stuck inside while a blistering heat welcomed those foolhardy and strong enough to withstand the heat outside.

Being a chicken noodle in my old age, I used my Aussie cunning. I came up with the idea of pouring cold freezing water into the external spa bath next to my jungle water fall pool teaming with gold fish. Then obtaining a bath robe, a towel and a bottle of red for medicinal purposes, I found a solution to the heat problem.

Obviously my Army training kicked in and that's where plenty of fluids was important. Red wine is ok, beer is probably better, but one has to make sacrifices in life. I have asked the missus to check up on me occasionally in case I run out of fluids. I will let you know what the end result is. I will be careful as water and red wine don't go well together. But what the heck, I must learn to live a little.



Peter Adamis is a Journalist/Social Media Commentator and writer. He is a retired Australian military serviceman and an Industry organisational & Occupational (OHS) & Training Consultant whose interests are within the parameters of domestic and international political spectrum. He is an avid blogger and contributes to domestic and international community news media outlets as well as to local and Ethnic News. He holds a Bachelor of Adult Learning & Development (Monash), Grad Dip Occupational Health & Safety, (Monash), Dip. Training & Assessment, Dip Public Administration, and Dip Frontline Management. Website: [abalinx.com](http://abalinx.com) Contact via Email: [abalinx@gmail.com](mailto:abalinx@gmail.com) or via Mobile: 0481 342 791