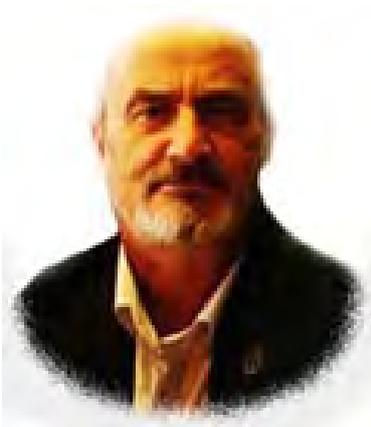


BEARDS NOT SUN CREAM

The Voice from the Pavement - Peter Adamis 31 March 2013



Well there is hope for us oldies. Back in 2008, my wife felt that growing a beard would enhance the structure of my face. I didn't mind as I had enough of shaving every single day that I was in the Army. After a few false starts of being self-conscious and not sure of myself, I embarked on trying to grow a decent beard.

Later as time went by I realised that if I kept it trim, I looked rather presentable, but even then I was lazy and let my hair down so to speak and I looked like an unkempt down and out homeless old soul. One day I strolled past the local barber as I was taking a walk around the block for health-related reasons; I stopped and said to myself, what the heck have I got to lose.

Well half an hour later I came out and took a breath of fresh air and I felt and looked like a million dollars. (Felt like it, but did not have a "razor" left in my pocket). Suffice to say, I came home and I was greeted by my lovely wife who commented on how great I looked. Being a sceptical type of bloke and not one to take things too seriously, I looked in the mirror and for once I had to agree with her. I was looking at a good-looking bloke who appeared (to me) at least ten years younger.

It took a long time for my parents to accept the new look in their son. My parents believed that it made me look much older than my "youthful expression" but quickly changed their tune when I told them that the wife loved the new look. They said, *"ama ee yineka tis aresi, etote kalla ine"* you have to love the wisdom of the parents and elders.

That was my preamble and statement for the article below. It would appear that for health reasons, beards are in as they are also a barrier against the UV rays and not requiring additional sun cream during the hot summer days. So far so good, all that we men have to do now is wait for our women to grow facial hair and save money on purchasing all those powders and sun creams. Just imagine "Hairy couples" of the future. Hmmmmmmmmmmm. It's one to think about. The article below may not be available on the internet.

<http://www.smh.com.au/national/beards-not-just-fashionable-theyre-good-for-our-health-20130329-2qz4c.html>



The Voice from the Pavement - Peter Adamis is a (not for profit) Journalist/Commentator. He is a retired Australian military serviceman and an Industry organisational & Occupational (OHS) & Training Consultant whose interests are within the parameters of domestic and international political spectrum. He is an avid blogger and contributes to domestic and international community news media outlets as well as to local and Ethnic News. He holds a Bachelor of Adult Learning & Development (Monash), Grad Dip Occupational Health & Safety, (Monash), Dip. Training & Assessment, Dip Public Administration, and Dip Frontline Management. Contact via Email: abalinx@netspace.net.au or via Mobile: 0409965538