

CORONA VIRUS IN AUSTRALIA

<u>Coronaviruses</u> derive their name from the fact that under electron microscopic examination, each virion is surrounded by a "corona," or halo. This is due to the presence of viral spike peplomers emanating from each proteinaceous envelope.

Abalinx 3 March 2020 Peter Adamis

Preamble. This article is a collaboration of many individuals whose thoughts have been drawn together from various sources and whose threads of advice and information should be taken as the reader thinks fit. Despite the authors qualifications this article is more about prevention, commonsense and logic. It is not a panacea for a pandemic. Therefore readers should make the time and effort to conduct their own research on what is best for them. This article is merely a guide based on the author's research and others far better qualified such as medical practitioners and specialists can provide medical advice.

Theories when and where it started. There are numerous articles on how the Corona Virus was introduced to mankind. Theories ranging from ground to winged animals, birds of prey and even carnivorous beasts of prey. These theories have yet to be confirmed along with the other theories regarding the Chemical and Biological Warfare facility near the outskirts of Wuhan in China. Whatever the case may be, Chinese authorities may have been slow to react but they did react swiftly once it became apparent that this was no ordinary virus. The Chinese quickly realised the impact it would have on their trade and the potential for widespread panic if it was not contained. They (Chinese) built a hospital in just ten days when in the Western world it would have taken months if not years. This hospital now caters for thousands of infected patients at various degrees.

The World Health Organisation once it became to their attention were slow due to the lack of information being released by the Chinese authorities. They complied with Chinese authorities to change the name of the virus, but by this time panic had set in and nations began to react to the health crisis. However trade has come to a standstill, thousands of ships are still idle in various harbours, many with meat still in refrigeration; borders closed, travel and migration ceased to a trickle, religious centres and tourist attractions became a hub for the spread of disease and public transport is being avoided. Health and Border authorities responded well and identified and isolated suspected cases and put into place quarantine procedures to stop any likelihood of the Corona Virus spreading further.

People reaction. The whole globe stood up and took notice of what was occurring in China and it was not long before further information began to trickle out. Fake news, propaganda and alleged experts all came out voicing their opinion on the subject added to the panic and now people in major Australian cities are wearing masks in public. Supermarkets are being the subject of customer attacks on items such as baby food, toilet paper, antiseptic, hygiene products, and food and grocery items and ling life food products. In fact some organisations have implemented their own isolation precautions and have put into place for their employees to work from home if at all possible.

Captains call. The Prime Minister Scott Morrison has correctly identified the crisis and has made the right decision calling the outbreak of the Corona Virus a pandemic. In doing so all State Health authorities are on the alert collaborating with one other to ensure that they are prepared for a potential crisis. For example, Daniel Andrews whether people like him or not has responded swiftly to the crisis and has injected additional funds into the Health system and by all accounts other states are following suite. Lesson is be prepared!

Over reacting. However, having prepared Australians does not mean that Australians should go into panic mode but continue with their daily lives taking additional preventive precautions regarding hygiene and personal cleanliness to ensure their well-being. Over reacting to the virus outbreak is very similar to the 1929 financial crash which caused a global depression. A depression that lasted between August 1929 to March 1933, causing millions of people to struggle great hard ships that could have been avoided had appropriate controls been put in place. Lessons from the Great Depression are still pertinent today and its effect on society when it loses confidence in the institutions. Lesson is don't over react!

Hurricane Katrina caused untold damage due to poor infrastructures in place. Had they been implemented beforehand much of the damage could have been averted. **The lessons from Hurricane "Katrina** has helped to improved catastrophe risk management awareness. However, businesses still need to place greater emphasis on reviewing pre- and post-loss risk management. Preparedness is crucial to mitigating increasing storm losses, particularly in highly susceptible areas such as construction sites." **Lesson is prevention!** At the end of this article there are a number of references for readers to follow should they wish to find out more.

DON'T PANIC YOU ARE NOT GOING TO DIE

The above statement is commonsense and not based on any medical data or information. Those who fail to take preventive action are more susceptible to any virus such as the annual influenza and succumb to it.

WHAT YOU NEED TO KNOW ABOUT THE VIRUS? In the first place, treat the virus like all other viruses floating around the planet. Use commonsense, good hygiene and cleanliness at home, work and when in the company of others. The Centre for Disease control and prevention in the USA has publicised a brief on the Corona Virus, which appears to be based on commonsense rather than any scientific analysis. The USA at this present moment has implemented its own measures to safe guard against the Corona virus and other nations are taking precautionary measures. The United Kingdom on the other hand has publicised similar guidelines using the BBC to communicate them. The following United Kingdom BBC are simple guides that can be adapted to the Australian environment.

WHAT ARE THE SYMPTOMS?

A simple guide

WAYS TO PREVENT CATCHING IT: How to wash your hands

WHERE ARE WE WITH A VACCINE? Progress so far

A VISUAL GUIDE TO THE OUTBREAK: <u>Virus maps and charts</u>



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ADDITIONAL REFERENCES

- 1. Coronavirus has ruined thousands of holidays. Should you cancel your travel plans?
- 2. As a coronavirus pandemic looms, experts say now's the time to get ready
- 3. The coronavirus emergency plan has been activated. Here's what that means for you
- 4. The WHO has declared a global emergency for just the sixth time
- 5. What exactly is coronavirus, and should you be concerned?
- 6. Authorities don't know who was on Bali to Melbourne flight with coronavirus-infected passenger
- 7. Victoria prepares for the Corona virus
- 8. Coronavirus: World in uncharted territory
- 9. Coronavirus: How is the UK planning for an outbreak?
- 10. Coronavirus: Can it harm breastfed babies, and other questions
- 11. Coronavirus maps and charts: A visual guide to the outbreak
- 12. How is the UK planning for an outbreak?
- 13. A visual guide to the outbreak
- 14. Coronavirus: Can it harm breastfed babies, and other questions
- 15. Lessons learnt from Hurricane Katrina
- 16. Hurricane Katrina after crisis report
- 17. How the USA is prepared for the Corona Virus
- 18. Corona Virus Prevention and Treatment